**Course Title:  EDUC 795:  Advanced Theory to Reality**  
  
Instructor:  Sarah Ellinger ([smellinger@plymouth.k12.wi.us](mailto:smellinger@plymouth.k12.wi.us))  
Credits:  3 graduate credits  
  
Prerequisite: You must have taken the original Theory to Reality course and have a Graduate Standing (must have earned a bachelor’s degree); this course is open to 4K-12 educators employed with the Plymouth School District.  
  
Schedule: Tuesdays: September 29 – December 14; Weekly independent reflection post/discussion  
  
Enrollment Deadline:  **September 23, 2020**  
  
Location: Plymouth School District  
  
Course Emphasis and Rationale: This advanced course is designed to educate students on the diverse needs that students display due to potential traumatic incidents, how to handle crisis situations, what is happening in the brain of a child with mental health needs, and how to support social emotional learning. We will focus on making a plan for a specific student in this course who is struggling with mental health needs. It could be caused by the pandemic or other traumatic experiences.   
  
Course Description: Educators will review a variety of techniques to interact with and support children who have faced trauma or have a mental illness in their classrooms.  This class will allow students to do a case study on a student of their choice to dig deeper into the causes and effects of the trauma on the student. Students will also make a plan to support the student using a researched based strategy. The class will cover warning signs of trauma, readings and discussions to better understand how mental illness or trauma can change a child’s brain, triggers that can retraumatize children, social-emotional needs of our students today, and the tools and strategies to teach our students how to build resilience and identify their own coping strategies to use when they become unregulated. 

For enrollment Information contact:  
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